October 3, 2018 THE NORTH GEORGIA NEWS Page 5A

## Paris... continued from Page 4A

your email changes, then you would need to sign up again to receive the notifications at your new email address.

Q. Will all cellphone carriers deliver Union Alert

A. Yes, they will. If for some reason you have signed up and are not receiving the Union Alert messages, email support@inspironlogistics. com. Include your name, phone number, cellphone carrier, and let them know you have signed up and are not receiving the

Q. Does it cost anything for me, as a citizen, to receive

A. There is no cost from the county to receive these alerts. Your cellphone carrier may charge you to receive text messages, so I advise you to check your plan before you

Q. What if I have signed up and decide I no longer want to receive the alerts?

A. There are a few ways to unsubscribe from this service. Text STOP to 69310 from your phone; Email: remove@wensnetwork.com; Call 706-439-6091, and ask to be removed from the Union Alert System.

## Chamber... continued from Page 4A

of the Community Guide and Business Directory are widely distributed to newcomers, relocators and visitors, while the digital copies, available on the Chamber website at visitblairsvillega.com, are available for perusal by our over 250,000 web visitors annually. For additional information, please contact Janie at 770-365-5324 or Dawn at membership@

blairsvillechamber.com. October offers many wonderful opportunities for folks to get out and enjoy our beautiful mountain community. For anyone looking to build their fall wardrobe or decorate for the season, the downtown shops in Blairsville will be open for Shop Late Thursday on Oct. 4 from 5 p.m. to 8 p.m. The shops will be offering various deals and discounts to excited shop-

The Blairsville Cruisers invite all vehicle enthusiasts and spectators to join them for the Cruise-In at the

Union County Farmers Market on Saturday, Oct. 6, from 3 p.m. to 7 p.m. The Cruisers club raises money to support local school groups and supports "Shop with a Cop" and the Sheriff's "Give-a-Gift" program. Visit blairsvillecruisers.com for additional information.

And we know everyone is excited for the 49th Annual Blairsville Sorghum Festival. You'll want to mark your calendar for this year's festival on Oct. 13 and 14, and Oct. 20 and 21.

Whether you enjoy arts and crafts, great food, square dancin' or biscuit eatin', there's something for everyone to enjoy. To learn more about the festival, including the vast lineup of entertainment, please visit blairsvillesorghumfestival.com.

As always, if we, at the Chamber, can be of assistance to you, please don't ever hesitate to contact us at 706-745-

## Drug Free... continued from Page 4A

depression, anxiety, attention deficit, or some combination of disorders from an early age, then turns to drugs or alcohol, they have a greater propensity to abuse drugs and alcohol, and their condition worsens over

Employers have a major stake in understanding the ways that mental health disorders affect substance abuse issues. If companies invest in helping employees recover from addiction and improve their mental health, they can provide a strong motive to stay clean.

People with health disorders are twice as likely to suffer from a substance abuse disorder compared with

the general public, according to SAMHSA.

Those dealing with mental health issues sometimes self-medicate with drugs and alcohol to suppress their feelings of depression, anxiety or even auditory or visual hallucinations. Increased substance use further exacerbates the person's mental health, inciting more substance use, and the

cycle continues. It's a complicated issue, and according to SAMHSA, "Co-occurring disorders can be difficult to diagnose due to the complexity of symptoms, as the signs often mimic one another. In many cases, people receive treatment for one disorder while the other disorder

remains unrecognized." It can be easy to dismiss a worker you find is abusing drugs or alcohol, yet there could be mental health issues being masked by the drug/alcohol use. As the employer, you may have the ability to help.

According to the Center for Workplace Mental Health, about one in 10 American workers annually struggles with drug use and alcohol misuse. The financial ramifications to the U.S. economy are an estimated annual \$276 million in health care costs, absenteeism, accidents, theft and lost productivity.

Combined with poor mental health, prescribed medications and illicit drugs rob a person of their ability to focus and be productive. Despite the employee wanting to do a good job, they may simply be incapable of performing certain job functions.

If the person also suffers from mental illness, an employer's intervention could have a lifetime impact. If your worker knows they have a supportive environment, they may feel an increased incentive to improve their condition. A bonus could be the resulting loyalty of the

Workers who need to leave work for substance abuse treatment may be protected by law. The Family and Medical Leave Act should be reviewed by employers and employees alike. There is also legal precedence indicating that certain employees suffering from addiction may have protections under the Americans with Dis-

abilities Act. Don't underestimate the impact you have as an employer to help a person turn his or her life around, particularly if they suffer from co-occurring mental health problems and addiction. Your intervention could be a critical, life-saving

# Schilling... continued from Page 4A

denouncing the accused in the Central Park jogger case, promoting bringing back the death penalty for them. Even after they were exonerated by DNA after 13 years in prison, he held fast to his attacks on the black and Latino men. The list goes on and on, accurate and welldocumented, right up to today. Now, he is violating both federal and international law by refusing to allow asylum to oppressed people and kidnapping their children. Why? I think we

Then it occurred to me that the 56 percent who didn't believe he's a racist were like bats, relying of echolocation rather than vision (and with it, reason) to find their way through life. When they hear an echo of someone saying what they agree with, they accept it, telling themselves that Trump can't

be a racist because I'm not. I was raised by a racist father. He and I, in my youth, had many discussions on his views, mostly heated. Consequently, I have deep and personal knowledge of how and why people accept racism as, virtually, an acceptable worldview. He failed to create me in his image. There is evidence that racism is more active in America than I want to believe, with the number of hategroups increasing dramatically since Trump's campaign and election. I see it as a sign of weakness, that by denigrating this group or that group, you believe you are elevating your status. We are better than that. It's shameful that we have elected a president that weak. **David Schilling** 

## Crawford ... continued from Page 4A

by comparing different translations of the Bible into different languages?

know.

Finally, "...the main difference I see between Republicans and Democrats on the Judicial Committee is that Democrats appear to have a more realistic view of how the Supreme Court has actually behaved." What? This guy hasn't the modicum of an idea how our three branches of government work.

The main difference I see is no matter who President Trump nominates, the Democrats will do anything to keep him or her off the bench. I have never seen a more disgusting, blatant, vitriolic campaign against a sitting president in my life. It is truly shameless

and un-American.

**Chris Crawford** 

## Cummings... continued from Page 4A

it back home until the wee hours of the morning. They slipped into their house and beds with the smug satisfaction of finally getting even with Old Man Newell.

Paul and Bud were awakened the next morning by the familiar booming voice of Old Man Newell screaming out the words, "Your boys put my wagon on top of my barn." Papa called his sons into the kitchen for breakfast and asked them about Newell's claims. The boys couldn't lie to their Daddy considering the fact that they had not cleaned their hands of the wagon grease from their escapades of the night before. The boys confessed their crimes to their Daddy and explained why they had committed them. Their Daddy listened and stated that

## Fowler...

#### continued from Page 4A

nations as Your inheritance" (2:7-8). "My God, my God why have You forsaken me? All who see me sneer at Me. They pierced My hands and My feet. They divide My garments among them" (22:1,7,16,18).

Another way to enjoy the Psalms is through the work of modern hymn writers like Keith and Kristen Getty. (Look up Psalm 24 on YouTube for a Celtic rhythm.) Either way, let the Psalms refresh your soul. Whatever is lovely, whatever worthy of praise, dwell on these things.

## Dyer...

#### continued from Page 4A The Fire Department

performs many activities every day to stay prepared and to be able to respond to any emergency. We are determined to live up to our motto.

Union County Fire Department ~Our Family Protecting Your Family~

## Combs ...

#### continued from Page 4A

tory who never made a decision to embrace the truth of God's Word, but instead lived their own lives perhaps thinking this life is all there is, so enjoy it to the fullest and don't have any regrets... Wow!! Talk about fake news. God did not send His Son Jesus down here to be tortured, beaten, whipped and put on a cruel cross so that we could dance all night long without a care in the world. Jesus Christ died for everyone's sins so that those who choose to follow Him will live again

after this old sinful life is over. The final curtain call rings true in every heart that believes and even for those who don't believe in Christ. God's love doesn't stop because a person rejects Christ. His love for humanity goes deeper and wider like a flowing river that never ends. Could life as we know it end today or tomorrow? If God chooses so, for we read in His Word, God does what pleases Himself. This life here has never been about you and me, it has always been about who came to save the world from its sin, Christ, Jesus. Are you ready for the final curtain call? It could happen tonight, but only Almighty God has the power and authority over life and death. Want to have your cake and eat it too? Come and accept Christ as your personal Savior and Lord and rejoice in God's goodness for all of eter-

nity. Amen. Frank F. Combs

## Mitchell ...

### continued from Page 4A

for Alzheimer's Act (S.2076). The bipartisan Building Our Largest Dementia (BOLD) Infrastructure for Alzheimer's Act would strengthen our nation's public health response to Alzheimer's by providing public health officials with the funding and resources necessary to increase early detection and diagnosis, reduce risk, and prevent avoidable hospitalizations. Recent research shows that aggressive lowering of systolic blood pressure significantly reduces the risk of developing cognitive decline and

If you hate Alzheimer's as much as I do, please join me in asking Sen. Perdue to co-sponsor BOLD. Take action today by texting BOLDACT to 52886!

Sincerely, Connie D. Mitchell

## Eckman ...

### continued from Page 4A

beliefs (Bible Belt), there are plenty of places for you where they believe exactly what you do. Read Proverbs 16:25. George Eckman

he understood. However, they were told to go and take the wagon down from the top of the barn. They were also told to go and get the other boys to help

the old man. When the boys drove up, the old man began screaming. He stood at the bottom of the barn

### Williams... continued from Page 4A

to be much more conscientious of using sprays and use them sparingly. There are times and

when using IPM, you just try

situations when biological, cultural and mechanical aren't effective, and spraying is the only effective option of control available. The goal with IPM is to reduce the reliance on chemical applications for successful

You may already be us-

ing IPM without even realizing it. Using mulch around flower beds or drip irrigation to water can be IPM. If you have a fence around your garden to keep deer and other pests out, that is part of IPM. Some ways that you could improve your use of IPM could be spraying insecticides when beneficial insects aren't active. When planting, look to see what disease resistance your seeds have or use plants that are from our area, as oftentimes those will have natural resistance and be adapted to our climate.

The key to being successful with IPM is to be more conscientious of your surroundings and thinking long term. If you have questions about IPM, contact your local county Extension Office or send me an email at Jacob.Williams@uga. and watched to make sure the job was done to his satisfaction. Tommy Trapp asked the other boys, "How are we going to do this?" The old man screamed, "The same way you got it up there." So, Tommy shrugged his shoulders and began taking apart the buggy. He pulled the iron wheel from the axle after the hub was removed and said,

"Watch this." Tommy let go of the wheel right above Old Man Newell and it rolled down the sloped roof of the barn. The wheel came within six inches of Old Man Newell's head. He must've got the message because he left the boys alone to finish the job, and Old Man Newell never again screamed at the boys from Trapptown.